



# E-SAFETY

*A guide for children and parents/carers*

# Stay safe online be SMART



## SAFE

Do not give out personal information to people you are chatting with online such as; full name, email, phone number, home address, passwords, photos, school name.



## MEET

Do not meet with people you have spoken to online. Tell an adult if anyone online asks to meet you in person.



## ACCEPTING

Never open emails, files or web pages from people you don't know or trust. Always check with an adult before downloading anything. Accepting unknown emails, messages or opening files, pictures or texts can lead to problems - they may contain viruses or nasty messages.



## RELIABLE

Never respond to new people online. Never enter a chat room without an adult present. Remember that not everyone online is who they say they are.



## TELL

Tell an adult if something makes you uncomfortable, scared or confused. Never tell a stranger where you are going and what time you will be there. Tell a parent, carer or teacher if someone you know is being bullied online. You can report online abuse to the police at [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)



## How to stop CYBERBULLYING



### LOG OFF

the site where the bullying is happening

### BLOCK EMAILS

or messages and don't respond to them

### RECORD/SAVE THE MESSAGE

or email and show an adult

### TELL SOMEONE

you trust





# Be a **GOOD DIGITAL CITIZEN**

Remember that everything you post online is **PERMANENT**

Be **CONSIDERATE** and kind in discussions or on social media

Get **PERMISSION** before sharing information about others

Think **CAREFULLY** about what you say before you post something online

**RESPECT** other people's views, even if you don't agree with them

Do not use mean or rude **LANGUAGE** online

Do not buy or order anything online without adult **PERMISSION**

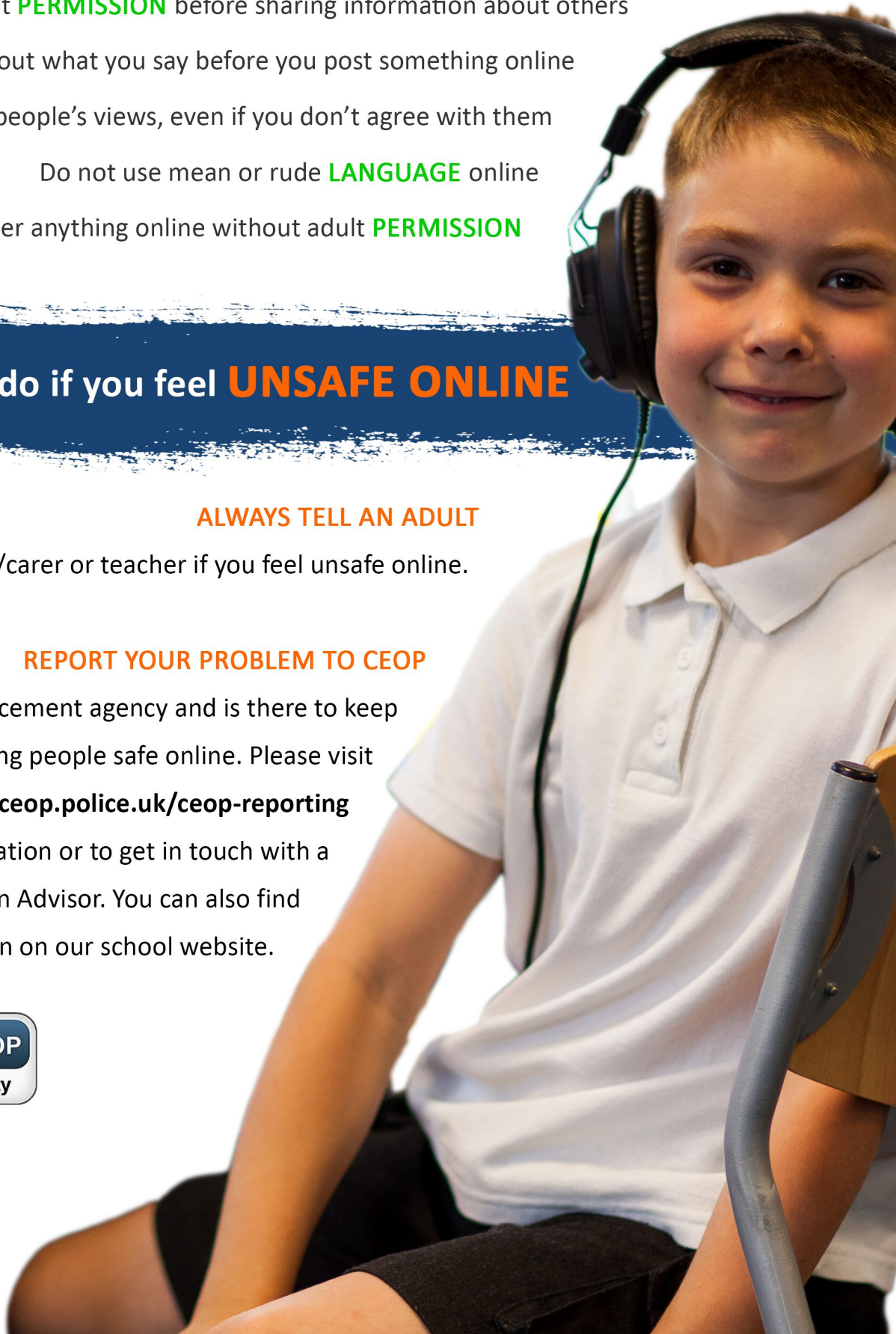
## What to do if you feel **UNSAFE ONLINE**

### **ALWAYS TELL AN ADULT**

Tell your parent/carer or teacher if you feel unsafe online.

### **REPORT YOUR PROBLEM TO CEOP**

CEOP is a law enforcement agency and is there to keep children and young people safe online. Please visit their website **[www.ceop.police.uk/ceop-reporting](http://www.ceop.police.uk/ceop-reporting)** for further information or to get in touch with a CEOP Child Protection Advisor. You can also find the CEOP button on our school website.





# William Byrd's **TOP TIPS** for parents/carers

## KEEP YOUR PRIVACY SETTINGS AS HIGH AS POSSIBLE

Visit [internetmatters.org](http://internetmatters.org) for more information.

## USE SAFE SEARCH ENGINES, such as: [swiggle.org.uk](http://swiggle.org.uk) and [kids-search.com](http://kids-search.com)

Visit [google.co.uk/safetycentre](http://google.co.uk/safetycentre) for more information.

## AGREE BOUNDARIES

Be clear what your child can and can't do online. Agree: Where they can use the internet; how much time they can spend online; the sites they can visit; the type of information they can share; when your child can use a mobile phone and tablet.

## EXPLORE TOGETHER

**0-6 Year Olds** - Set your homepage to a child friendly site, such as CBeebies and give them a user account which only allows access to sites and apps you have chosen. Consider using a 'Kids Mode' app on your phone.

**7-11 Years Olds** - The best way to find out what your child is doing online is to ask them to tell you about it. Encourage them to use devices in communal areas so you can see what sites they're visiting.

## CHECK

Use the age ratings that come with the games, apps, films and social networks to decide whether they're suitable for your child.

## MINIMUM AGE for account holders on social media

**13**

Facebook  
Twitter  
Instagram  
Snapchat  
TikTok  
Kik

Ask.fm  
Houseparty  
Periscope  
Pinterest  
Reddit  
Tumblr

**13 +**

YouTube  
WeChat  
Whisper  
Yubo

**16**

Linkedin  
Whatsapp

**18**

Tinder  
Bumble  
Hinge

### Social Media Parent Guides

Please visit our school website for useful parent guides to social media under the **Our School** tab and then the **Safeguarding** page.

