

E-mail sent to Parent & Carers – 04/09/2026

Dear Parents and Carers

As some of you may be aware the Mayor of London has now confirmed Free School Meals will continue for this academic year. Please see attached letter for more information.

If you are choosing the hot meal option for your child, please remember to book their school lunches in advance via your School Grid account. When selecting meals, check the menu carefully and consider any allergies, dietary requirements or food preferences your child may have.

We are proud to be a Healthy Schools London Gold Award School and are committed to promoting healthy choices. Sugary snacks, sweets and juice are not permitted in school. This applies to both snack times and lunchtimes. Please provide water and healthy, nutritious food in your child's lunch box.

Please ensure your child brings a clearly labelled water bottle to school each day. Bottles should contain fresh water only. Juice, squash and flavoured water are not permitted. Please take the bottle home daily for cleaning and refilling.

Please also remember that we are an Allergy Aware School. This means certain foods are not permitted. Nuts and products containing nuts **must not** be included in your child's packed lunches or snacks in any form. This includes items such as peanut butter, chocolate spreads containing nuts, cereal bars and nut based snacks.

Please see attached posters for more information.

We thank you for your continued support.

Kind regards

William Byrd Primary School