

Friday 26th June 2026

Dear Parents/Carers of Year 6 children

As we approach the end of the year, we are starting to plan to teach our final PSHRE unit (Personal, Social, Health, Relations and Economic Education). The final unit focuses on the RSE (Relationships and Sex Education) components of the curriculum.

Please note that when teaching this unit, we are following the DFE guidelines on RSE .

66. The content set out in this guidance covers everything that primary schools should teach about relationships and health, including puberty. The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals. It will be for primary schools to determine whether they need to cover any additional content on sex education to meet the needs of their pupils. Many primary schools already choose to teach some aspects of sex education and will continue to do so, although it is not a requirement.

67. It is important that the transition phase before moving to secondary school supports pupils' ongoing emotional and physical development effectively. The Department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born. As well as consulting parents more generally about the school's overall policy, primary schools should consult parents before the final year of primary school about the detailed content of what will be taught. This process should include offering parents support in talking to their children about sex education and how to link this with what is being taught in school. Meeting 24 these objectives will require a graduated, age-appropriate programme of sex ed.

The lessons focusing on sexual reproduction and puberty are:

Lesson 3: Pressure Online

Lesson 4: Is this normal (focusing on puberty and changing bodies)

Lesson 5: Making babies

As part of the DFE guideline, **parents/carers have the right to withdraw their children from Lesson 5: Making babies.** However, parents/carers must provide a reason and may be asked to meet with the Head of School or member of the SLT Team to discuss further.

We will have a parent/carer information session in 6S at 3:30pm on Tuesday 30th June to go over the content of the lessons and answer any questions. Please meet at the Year 6 doors.

Yours sincerely

Year 6 Team

