



Tuesday 16th April 2024

Dear Parents/Carers

Ms James, our PSD Sports Coach will be running fitness sessions for all parents and carers which will include Circuits, Zumba, HIIT and much much more!

These will run every Wednesday from 2:30pm-3:10pm in our KS2 Hall. The first session will take place on **Wednesday 1st May 2024**. These sessions will be free of charge. (Please enter via the KS2 Hall doors)

All parents and carers are welcome to attend however, numbers are limited. Please come in to the School Office if you are interested in signing up. Please note this is on a first come, first serve basis.

If you have any further questions, please do not hesitate to speak to the school.

Yours sincerely
Ms K Newby
Assistant Head

