

Childhood Asthma

FREE Online Workshops

**CONTACT THE TEAM TO RESERVE
YOUR PLACE**

 **01895 543 437**

 **nhsnwl.myhealth@nhs.net**

**OR SCAN THE QR CODE TO
REGISTER**

**Online via Teams
4:30pm-5:30pm**

- **1st September**
- **13th October**
- **10th November**



What's Included In The Workshop ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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SESSIONS FACILITATED BY AN ASTHMA NURSE