

## National Smile Month Activities at Hillingdon Children Centre's

Events can be booked by contacting the children's centres directly. [Contact details for our best start family hubs and children's centres – Hillingdon Council](#)

Children's Centre / Hub	Event	Age Range	Date	Time
Yeading	Brush for Life 1-to-1 Drop-In	First tooth – 5 years	<b>Wednesday 13 May</b>	9:30am – 11:30am
South Ruislip	Brush for Life & Bottle-to-Cup Stay and Play	First tooth – 5 years	<b>Wednesday 13 May</b>	10:00am – 11:30am
UFH	Brush for Life & Bottle-to-Cup Stay and Play	0–5 years	<b>Wednesday 13 May</b>	10:00am – 11:30am
HFH	Brush for Life & Bottle-to-Cup Stay and Play	First tooth – 5 years	<b>Thursday 14 May</b>	10:00am – 11:30am
Coteford	Brush for Life & Bottle-to-Cup Stay and Play	0–5 years	<b>Friday 15 May</b>	9:45am – 11:15am
Harefield	Brush for Life & Bottle-to-Cup Forest School	18 months – 5 years	<b>Friday 15 May</b>	10:00am – 11:30am
Charville	Brush for Life Rhyme & Story Time	18 months – 5 years	<b>Friday 15 May</b>	1:30pm – 2:30pm

Brushathon at Pinkwell (face to face and online)	Online 2-minute Brushathon, crafts and story time at Centre	First tooth – 7 years	<b>Wednesday 27 May</b>	10:00am – 11:00am
Colham Manor	Brush for Life & Bottle-to-Cup Stay and Play	First tooth – 5 years	<b>Monday 1 June</b>	10:00am – 11:30am
Cherry	Brush for Life & Bottle-to-Cup Stay and Play	First tooth – 5 years	<b>Thursday 4 June</b>	1:00pm – 2:30pm
Yiewsley	Brush for Life & Bottle-to-Cup Stay and Play	First tooth – 5 years	<b>Friday 5 June</b>	9:30am – 11:00am
Oak Farm	Brush for Life & Bottle-to-Cup Stay and Play	First tooth – 5 years	<b>Monday 8 June</b>	10:00am – 11:30am

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