

AssemblyGiveConnectBe ActiveKeep LearningTake NoticeWatch the video introduction from your class teacher for our mental health: awareness day. The theme is Express Yourself and we are going to spend the day working on 5 pillars for positive mental health: GiveTake part in our class zoom to talk about and show what we plan to do today.PE with Mr Baker Join in the video lesson of Mr Baker and see how you do with the circuit training the as planned for this lesson i mental health: Becktive Take NoticeFollow the tutorial video, to learn fun, new and creative artistics kills, including: sketching, painting, printing and shading.Pause and observe what's going ra around you. Take a break and ref to with the video lesson of Mr Baker and see how you do with the circuit training the as planned for this lesson i for this session.Follow the tutorial video, to learn fun, new and creative artistics kills, including: sketching, painting, printing and shading.Pause and observe what's going ra around you. Take a break and ref ureative artistics with an adult to keep you safe.Take part in our class zoom to nol to and to the part to not only look after or what we can to help each other as well.How do you feel afterwards?Follow the tutorial video, to learn fun, new and creative artistics well.Pause and observe what's going ra and shading.ConnectThen you can post it or deliver it with an adult to keep you safe.Then you can post it or deliver it with an adult to keep you safe.Then you can post it or deliver it with an adult to keep you safe.Take not not only look after or what we can to help each other as well.How do you feel afterwards?Take not cer t	09:00 - 9:30	9.30 - 10:30	10:30 - 11:30	12:30 - 13:30	13:30 - 14:00	14:00 - 15
Watch the video introduction from your class teacher for our mental health awareness day. The theme is Express Yourself and we are going to spend the day working on 5 pillars for positive mental health: Give Reep Learning Be Active Take Notice ConnectTake time to do something for your family, a friend or your community. How about making a card for an these difficult times. Perhaps write a little poem inside or a special message to tell them you are thinking of them.Take part in our class zoom to talk about and show what we plan to do doa.PE with Mr Baker and see how you do with the circuit training he has planned for this lesson to special message to tell them you are this going theme.Follow and creative artistic skills, including: sketching, painting, printing and shading.Pase and observe what's going and see how you do with the circuit training he has planned for this lessonFollow that outcoil outcoil outcoil outcoil to tell and shading.Pase and observe what's going and see how you do with the circuit training he has planned for this lessonFollow that curvial video, to lear fun, including: sketching, painting, printing and shading.Pase and observe what's going and see how you do with the circuit training he has planned for this lessonFollow that curvial video, to lear fun, including: sketching, painting, printing, and shading.Pase int our class zoom to talk about and show what we plan to do to assen complete?Point in the video lesson of Mr Baker and see how you do with the circuit training he has planned for this lessonFollow that curvial is addressee what's going the weat centure at the curvial video, to lear fun, weat centure at the cancel will be out cancel will be out cancel weak to assen to not only look afte	PSHE ASSEMBLY	GIVE	CONNECT	BE ACTIVE	KEEP LEARNING	TAKE NOTICE
class teacher for our mental health awareness day. The theme is Express Yourself and we are going to spend the day working on 5 pillars for positive mental health:family, a friend or your community. How about making a card for an elderly relative or a close friend you cannot see or speak to so often in these difficult times.Join in the video lesson of Mr Baker and see how you do with the circuit training he has planned for this lesson.new and creative aristic skills, including: sketching, painting, printing and shading.around you. Take a break and rel or what you're feeling. Write a p do some art to capture this mom training he has planned for this lesson.new and creative aristic skills, including: sketching, painting, printing, and shading.around you. Take a break and rel or what you're feeling. Write a p do some art to capture this mom training he has planned for this lesson.new and creative aristic skills, including: sketching, painting, printing, and shading.Give Keep Learning Be Active Take Notice ConnectPerhaps write a little poem inside or a special message to tell them you are thinking of them.Pass it on!All of which can be done by using materials and resources you would already have at home.Express yourself: How else can you complete?Click on the link for your class.Then you can post it or deliver it with an adult to keep you safe.It is so important to not only look after our own wellbeing but we should do well.How do you feel afterwards? methat we can to help each other as well.Take note of how you feel before and how you feel after these activities.Take note of how you feel before and how you feel after these activities.NewtonLovela	Assembly	Give	Connect	Be Active	Keep Learning	Take Notice
Watch the video to see why it is important for us all to consider not just our mental health but others too!have to write one thing you like about that person. Email your creation to your teacher and they will forward them on. This is anonymous and only your teacher will know who has done what for who.How to draw a superhero.How to draw a superhero.How to draw a superhero.	<ul> <li>class teacher for our mental health awareness day. The theme is Express Yourself and we are going to spend the day working on 5 pillars for positive mental health:</li> <li>Give Keep Learning Be Active Take Notice Connect</li> <li>Click on the link for your class.</li> <li>Brunel</li> <li>Newton</li> <li>Lovelace</li> <li>Watch the video to see why it is important for us all to consider not just</li> </ul>	<ul> <li>family, a friend or your community.</li> <li>How about making a card for an elderly relative or a close friend you cannot see or speak to so often in these difficult times.</li> <li>Perhaps write a little poem inside or a special message to tell them you are thinking of them.</li> <li>Then you can post it or deliver it with an adult to keep you safe.</li> <li>Express yourself: Which plays to your</li> </ul>	<ul> <li>about and show what we plan to do today.</li> <li>Each class has their own zoom log in for this session.</li> <li>Year 3 – 10:00 – 10:30.</li> <li>Pass it on!</li> <li>It is so important to not only look after our own wellbeing but we should do what we can to help each other as well.</li> <li>Your teacher will give you the name of another person within your class. Your task is to create something just for them. A poem, a picture or a card. You have to write one thing you like about that person. Email your creation to your teacher and they will forward them on. This is anonymous and only your teacher will know who has done</li> </ul>	Join in the video lesson of Mr Baker and see how you do with the circuit training he has planned for this lesson! How much of the session can you complete? Maybe try a new dance with just dance. How do you feel afterwards? Let's do cosmic yoga! Watch this video and feel your body relax in this session! Why not try a Meditation? Watch this video to relax your mind!	<ul> <li>new and creative artistic skills, including: sketching, painting, printing and shading.</li> <li>All of which can be done by using materials and resources you would already have at home.</li> <li>This mindful activity allows you to relax and rejuvenate yourself, recharging your mind and body as well as giving yourself a mental break.</li> <li>Take note of how you feel before and how you feel after these activities.</li> <li>How do these little bursts of activities help you?</li> <li>How to draw a superhero.</li> </ul>	Pause and observe what's going on around you. Take a break and reflect on what you're feeling. Write a poem/ do some art to capture this moment. Express yourself: How else can you capture this moment?

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## YEAR 3 HOME LEARNING TIMETABLE WEDNESDAY 3 FEBRUARY