



Wednesday 1st May 2024

Dear Parents/Carers of Year 6 children

As we approach the end of the year, we are starting to plan to teach our final PSHRE unit (Personal, Social, Health, Relations and Economic Education). The final unit focuses on the RSE (Relationships and Sex Education) components of the curriculum.

Please note that when teaching this unit, we are following the DFE guidelines on RSE (<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>) :

66. The content set out in this guidance covers everything that primary schools should teach about relationships and health, including puberty. The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals. It will be for primary schools to determine whether they need to cover any additional content on sex education to meet the needs of their pupils. Many primary schools already choose to teach some aspects of sex education and will continue to do so, although it is not a requirement.

67. It is important that the transition phase before moving to secondary school supports pupils' ongoing emotional and physical development effectively. The Department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born. As well as consulting parents more generally about the school's overall policy, primary schools should consult parents before the final year of primary school about the detailed content of what will be taught. This process should include offering parents support in talking to their children about sex education and how to link this with what is being taught in school. Meeting 24 these objectives will require a graduated, age-appropriate programme of sex ed.

To start off the topic, we are going to be welcoming the KISS Team from the Borough of Hillingdon to run a 50-minute workshop on Sexual Education. This will take place on Monday 20th May 2024. It will include an interactive presentation, video links, small group activities and discussion. The workshop will be delivered by an experienced Lead Programme Delivery Worker who will explain healthy and unhealthy relationships, what is meant by consent and boundaries, and how we can strengthen our online digital boundaries.

Following on from that, we will complete the final unit of our SCARF curriculum in the Summer 2 term which is called '**Growing and Changing.**' The lessons focusing on sexual reproduction and puberty are:

Lesson 3: Pressure Online

Lesson 5: Is this normal (focusing on puberty and changing bodies)

Lesson 6: Making babies



As part of the DFE guideline, parents have the right to withdraw their children from some or all RSE related topics. However, parents/carers must provide a reason and may be asked to meet with the head teacher or SLT leads to discuss.

You may also be asked to attend a meeting to discuss your reasoning and how you intend to fill the curriculum gaps at home.

If you do wish to opt out, please fill out the slip below and return to your child's class teacher by **Friday 10th May 2024**. **If you do not return the slip below, we will assume that you are okay with your child receiving these lessons and workshops.**

If you have any questions, please do not hesitate to speak to your child's class teacher, year group leader or a member of SLT.

Yours sincerely

Miss J Naulls & The Year 6 Team

Year 6 RSE and KISS Workshop Opt Out

*If you wish for your child to opt out of these lessons and workshops, please return slip and signed consent form to your child's class teacher by **Friday 10th May 2024**.*

I would like my child _____ (name) to opt out of the RSE curriculum lessons outlined in the letter.

Reason _____

I would like my child _____ (name) to opt out of the KISS Sexual Education workshop on **Monday 10th May 2024**.

Reason _____

Parent/Carer Name: _____

Parent/Carer Signature: _____

Date: _____

